



VESTAVIA HILLS
CHAMBER
of
COMMERCE

NEWS & VIEWS

November 2024 Volume 44 Issue II

November 12 Luncheon Mayor Ashley Curry, State of the City

After finishing high school in Montgomery, Alabama, Ashley Curry obtained an undergraduate degree in Industrial Management from the University of Alabama and an MBA from the University of South Carolina. His professional career began with his work in production supervision, sales and accounting with Milliken & Company of Spartanburg, SC, followed by a 25-year career as a Special Agent with the Federal Bureau of Investigation. He served the Tampa division for two years then was transferred to Birmingham in 1980 where he remained until his retirement in 2003. During his tenure with the FBI, he worked a myriad of criminal investigations including white collar crime, organized crime, public corruption, drugs, personal crimes and property crimes. Prior to his retirement, he worked as the FBI Police Training Coordinator where he handled the training of state and local police officers.



After retiring from the FBI, Ashley served as the Assistant Federal Security Director for Law Enforcement with the newly created U.S. Department of Homeland Security, specifically the Transportation Security Administration, and was assigned to the Birmingham International Airport. In 2005, he left law enforcement and moved back into the corporate arena as the corporate recruiter for EBSCO Industries. In this capacity, he han-

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LUNCHEON SPONSORS

Medical Properties Trust

Medical Properties Trust, Inc. (“MPT”) was founded in 2003 with a vision to improve hospital care by providing operators with access to more capital resources.



Medical Properties Trust

The Company’s founders – Ed Aldag, Steve Hamner and Emmett McLean – recognized sale-leaseback transactions would provide hospital operators a low cost financing option for long-term real estate to provide operators funds for expansion, acquisitions and other operational improvements. By providing operators with the ability to lease rather than own an expensive asset, MPT helps create the capital flexibility necessary for hospitals to invest where it matters most – taking care of patients.

From the beginning, MPT focused on making long-term real estate investments in hospitals that are crucial to the health of their communities. In 2005, the Company became a publicly traded REIT on the New York Stock Exchange. By 2012, the Company had 82 leased properties in 24 states representing \$2.1 billion of investment. MPT then began to expand internationally with the 2013 acquisition of 11 German rehabilitation hospitals and 2014 purchase of a general acute care hospital in England.

Today, MPT is the second largest private owner of hospital real estate in the world with 435 facilities and approximately 42,000 licensed beds in nine countries and across three continents.

MPT has been proudly based in Birmingham, AL since its founding. The Company has been named one of the Best Places to Work in Healthcare for the past four consecutive years. MPT has consistently made it a top priority to give back to the communities in which it operates, and the Company has supported many non-profit organizations over the years through both financial and hands-on volun-

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As I was driving through Kentucky last week, I couldn't help but be in awe of the fall foliage and changing of the colors of the leaves. Despite a little warmup this week, we were all happy to break out longer sleeves with the cooler temperatures and change in weather last week. In the next few days, our Country is going to experience a change in our governmental leadership. The common denominator and consistent element in all this is that change itself never changes.



As we move into the last two months of the year, what all has changed for you and your business this year? What are you expecting to change as you prepare for 2025? While certain changes can be challenging, all change provides a unique opportunity for us to learn, to grow, and to thrive. Let our Chamber be the resource you need to finish strong and conquer any changes you anticipate. Join us for our Chamber Luncheon this month to hear our Mayor update the changes in our City. Attend any of the Ribbon Cuttings for our new businesses, and join us for our beginning of the Holiday season, as you shop, dine , and play at our local Vestavia Hills businesses.

It is an Honor to serve as Chair of your Chamber Board, and as always, if I can be of service to you or your business, please let us know how we can serve . Thank you for letting the Vestavia Hills Chamber help you live The Life Above.

All my best,

Clabe Dobbs
Board Chair, 2024

Hello Vestavia Hills Chamber and Happy November!

It's hard to believe we are entering into the holiday season --what a wonderful time of year! Here at the Chamber, November brings an array of business networking events, community partnerships, and fun events this month – Please join us!

Our November Chamber Luncheon on Tuesday, November 12, 2024, will be informative and interesting as our Mayor Ashley Curry will be presenting the State of the City. Networking begins at 11:30 AM; the buffet opens at 11:45 AM.



Michelle Hawkins

Small Business Saturday

Vestavia Hills Small Business Saturday is BACK! On November 23, 2024, SHOP DINE & PLAY at participating businesses and register to win 1 of 4 local gift baskets. Each gift basket will be filled with merchandise or gift cards from local merchants. The value of each gift basket will be over \$500.00. Shop often; Shop locally and the more times you can enter to win!

Ribbon Cuttings

Cahaba Dermatology & Skin Health Center
Thursday November 7th 4:00 PM
3965 Crosshaven Dr STE 113

Green Acres Realty
Monday, December 2nd, 5:00 pm
400 Vestavia Parkway, Suite 120

Dave's Hot Chicken – Ribbon Cutting
Friday November 8th 11:00 AM
632 Montgomery Hwy

Upward Behavioral Health
Thursday, December 12th, 12:00 pm
Vestavia Hills Chamber Office

Stretch Zone
Wednesday, November 13th 4:00 PM
3056 Healthy Way, Suite 120

Salt & Light Speech Language Resources
Thursday, November 21st, 12:00 pm
400 Vestavia Parkway, Suite 135

Events & Announcements

Lunch and Learn - "For the Love of Cities"

With City Manager, Jeff Downes and Assistant City Manager, Cinnamon McCulley
Wednesday, November 6th 11:30 AM
Vestavia Hills Civic Center

Salute to Veterans - Hosted by Mayor Ashley Curry

Thursday, November 7th 1:00 PM – 3:00 PM
Vestavia Hills Civic Center Ballroom

Deck the Heights Holiday Open House & Pop Ups

Saturday, November 16th 2:00PM – 7:00PM
Free Family Event

Masterminds Workshop – Led by CARA

Wednesday, November 20th at 8:00 AM (new time)
Vestavia Hills Chamber of Commerce

November 12 Luncheon

Reservations must be made by 4:00 PM Thursday, November 7, 2024 and cost \$25. Late reservations will cost \$30. Make your reservation by visiting www.vestaviahills.org or by calling 823-5011.

Please Note:

- Reservations that are made and not cancelled by 4:00 pm Thursday, November 7 must be paid for, as we must pay for the number reserved.
- Please pay online or call the office with a credit card prior to the luncheon, or we can send you an invoice afterwards.
- **Please make every effort to make your reservation on time. The number of reservations we have by the deadline is the number that we and the Vestavia Country Club prepare for.**

Please remember the Vestavia Country Club policy of NO JEANS in the ballroom where we hold our monthly luncheons.

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dled the recruitment of executive level positions within the company's 30 different business units. He retired from EBSCO in 2014.

In the summer of 2016, Ashley launched his campaign to become the mayor of Vestavia Hills, Alabama. He was elected in August and began his first term in office in November of that same year. At the conclusion of his first term, Ashley ran for re-election and began serving his second term in office in November 2020.

Ashley and his wife, Marga, have been residents of Vestavia Hills since 1986. They are active members of Vestavia Hills Methodist Church and recently celebrated their 52nd wedding anniversary. They have two children: Stuart and Anna. Their son, Stuart Curry, is a dentist and resides in Vestavia Hills with his wife, Christy, and their two children. Anna Curry Gualano, their daughter, is an attorney and also resides in Vestavia Hills with her husband, Mark, and their two children

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teer support.

MPT is excited to be moving into its new headquarters to Vestavia Hills' Liberty Park neighborhood in 2025 and continue positively impacting healthcare on a global scale.

WELCOME NEW MEMBERS

Please support our newest Chamber members and remember to 'Shop Vestavia Hills First'!!

- ◆ Park Crest Event Facility
Kate Schneider
2034 Little Valley Road
Hoover, AL 35216
(205) 822-7275
parkcrestevents.com
Category: Event Facilities
- ◆ Park Crest Event Facility
Brooke Page
2034 Little Valley Road
Hoover, AL 35216
(205) 822-7275
parkcrestevents.com
Category: Event Facilities
- ◆ Visiting Angels of Birmingham
Karlin Fleming
52 Medical Park Drive East, Suite 320
Birmingham, AL 35226
(205) 777-7802
visitingangels.com/Birmingham
Category: Home Health Care
- ◆ Precision Lice Clinic
Jessica Hudson
3499 Independence Drive, Suite 131
Homewood, AL 35209
(205) 747-0077
precisionliceclinic.com
Category: Healthcare
- ◆ Jefferson County Commissioner Mike Bolin
716 Richard Arrington Jr. Blvd. N., Suite 230
Birmingham, AL 35203
(205) 325-5503
jccal.org
Category: Government
- ◆ The Edge Travel
Kasey Bodine
Vestavia Hills, AL 35216
(334) 332-9064
theedgetravel.com
Category: Travel
- ◆ OLLI at UA: Greater Birmingham Chapter
Jana Smith
240 Paul W. Bryant Drive
Tuscaloosa, AL 35401
(205) 348-3002
olli.ua.edu
Category: Organizations; Education
- ◆ Cahaba Heights Chevron
Lawrence Angelo
3100 Cahaba Heights Road
Vestavia Hills, AL 35243
(205) 967-7440
Category: Service Stations; Car Wash

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Tree Lighting Festival

Tuesday, December 3rd 6:00 PM

Front Lawn at Vestavia Hills City Hall and Civic Center

Save the Date for VIVA Vestavia Hills Tuesday, January 28, 2025, 6:30PM – 9:00PM

As always and especially this Holiday Season SHOP. DINE. PLAY. In Vestavia Hills!

The Chamber office will be closed on Friday, November 11th for Veterans Day, November 28th and 29th for Thanksgiving.

It is my honor and joy to serve all our Vestavia Hills Chamber members.

Michelle Hawkins
President



Mark your calendar for this year's Holiday in the Hills events!
For more information, visit <https://vhal.org/community/city-events>.

Monday, November 18

Holiday Photo Booth Opens

Regular library hours
Reservation required:
[appt.link/holidaystudio](https://vhal.org/community/city-events)
Library in the Forest
1021 Montgomery Highway
(Open until January 4, 2025)

Tuesday, December 3

Tree Lighting Festival

6pm
City Hall Complex
1032 Montgomery Highway

Thursday, December 5

All is Bright

6-8pm
Vestavia City Center
700 Montgomery Highway

Sunday, December 8

Holiday Parade & Party in the Park

2pm
Liberty Park (Rain Date: December 15)

Tuesday, December 10

Family Night with Santa

6pm
Library in the Forest
1021 Montgomery Highway

Saturday, December 14

Breakfast with Santa

7:30-10am
Civic Center
1090 Montgomery Highway

Thursday, December 19

Gingerbread House Contest

4pm
Library in the Forest
1021 Montgomery Highway

Monday, December 30

Menorah Lighting

5:30pm
City Hall
1032 Montgomery Highway

Small Business Saturday

Vestavia Hills Businesses are invited to participate in our Small Business Saturday event on November 23. Participants are asked to donate 4 prizes or gift cards valued at \$25 each. You will be provided with entry forms for shoppers to enter the prize drawing.

After November 23rd the businesses will need to turn in all of their shoppers entries to the Chamber, Lili Pad, or Tangles.

We will then highlight the winner on the Chamber website.

You will receive marketing with logos for participating and continuous shout outs on social media!

Sign up at <https://forms.gle/g8oaFcxnXdEAaDTdA>



The 14th Annual Vestavia Hills Tree Lighting Festival will be held on **Tuesday, December 3, 2024 at 6:00 pm**, featuring the lighting of the City's tree, performances by Vestavia Hills schools choirs and dancers, business booths and a visit with Santa. Performances and activities will be held both on the lawn at Vestavia Hills City Hall and inside the Vestavia Hills Civic Center.

Deadline to register: November 15

- **Free to Participate**
- Vendors must be either located in Vestavia Hills or a member of the Vestavia Hills Chamber of Commerce.
- Vendors are allowed to sell items, but must have a Vestavia Hills Business License.
- Any activities with sand, glitter, paint, etc. must be located outside on City Hall Lawn
- Space is limited and will be reserved on a first come basis.

Please fill out and return form to the Chamber.
1090 Montgomery Highway, Vestavia Hills, AL 35216
Email: chamber@vestaviiahills.org

Contact Name: _____

Company: _____

Phone: _____ Email: _____

Would you prefer to be located:

Inside the Civic Center _____ Outside on City Hall Lawn _____

*In case of rain, everything will be moved inside the Civic Center. Activities with sand, glitter, paint, etc. will need to be adjusted to exclude those items.

Will you need access to electricity: Yes _____ No _____

What activity or give-away do you plan to have at your booth?: _____

RIBBON CUTTINGS

You are invited to join us for the

Cahaba Heights GRAND OPENING

NOVEMBER 7TH
from 4:30PM until 7PM

Cahaba Dermatology & Spa is thrilled to be part of the Cahaba Heights community and to bring our top-tier dermatology expertise and skincare services closer to you. Whether you're seeking expert care for your skin health, rejuvenating spa treatments, or personalized aesthetic services, our dedicated team is here to meet all your needs.



Spa Cahaba

Elevate your skincare routine with luxurious treatments now available at Spa Cahaba in Cahaba Heights. Whether you're looking to refresh your complexion with a Hydrafacial, brighten your skin with Diamond Glow, or enjoy smooth, radiant skin with our expert waxing and dermaplaning services, we've got you covered.

Cahaba Dermatology & Spa
3965 Crosshaven Dr STE 113
Vestavia Hills, AL 35243

205.214.7546
www.cahabaderm.com

Facials | Waxing | Tints | Brows
Chemical Peels Microneedling & More

RIBBON CUTTING

Salt & Light

SPEECH-LANGUAGE RESOURCES

THURSDAY, NOVEMBER 21, 2024
12:00 PM
400 VESTAVIA PARKWAY
SUITE 135
VESTAVIA HILLS, AL 35216

JOIN US AS WE CUT THE RIBBON FOR SALT & LIGHT SPEECH LANGUAGE RESOURCES' NEW OFFICE IN VESTAVIA HILLS. LIGHT REFRESHMENTS WILL BE SERVED

Join Us for:

Business After Hours

November 14th
5 pm-6 pm
3325-121 Rocky Ridge Plz,
Vestavia Hills, AL 35243





WORKSHOP INFORMATION

Unlock the full potential of your small business by joining our Business Mastermind Group! We will meet the third Wednesday of every month through March 19th. We will dive deep into Michael Gerber's "The E-Myth Revisited" with fellow entrepreneurs and uncover transformative strategies to elevate your business. This mastermind will offer practical insights, collaborative problem-solving, and actionable steps to implement Gerber's principles effectively. Don't miss this chance to network with like-minded professionals and refine your business strategy. Reserve your spot today so we can order your book in advance of our first meeting.

ADDITIONAL INFORMATION

Breakfast will be provided.
Fee: Free for Chamber Members; \$20 for Non-Members
Date & Time: Wednesday, November 20, 8:00-9:00 am
Location: Vestavia Hills Chamber of Commerce, 1090 Montgomery Highway, Vestavia Hills, AL 35216

SCAN TO REGISTER
For questions, contact: Tracy Thornton at TracyT@Vestavi hills.Org




LUNCH & LEARN

Wednesday, November 6
11:30 am-1:00 pm
Vestavia Hills Chamber Office
1090 Montgomery Highway



Join us for a Lunch & Learn with City Manager Jeff Downes and Assistant City Manager Cinnamon McCulley discussing Peter Kageyama's book *For the Love of Cities*

Sponsored by:



Myers Enterprises

Follow the QR Code to register or visit vestavi hills.org
Free to attend!



Trustee Spotlight



Tommy DeRamus-Shades Mountain Baptist Church



Tommy DeRamus serves as the Adults Plus Engagement Minister at Shades Mountain Baptist Church and is proud to represent the church with the Chamber. The Adults Plus Ministry at Shades is for people age 60 and better, and part of Tommy’s role is to help Shades members find places to volunteer in the community.



The Shades mission statement is “Leveraging who we are and what we’ve been given for the sake of the Gospel, wherever we are and wherever God takes us.” We want to help all our members find opportunities to serve in our city and share the Gospel wherever we go.

Tommy is thankful for the opportunities the Chamber provides for churches to be involved in Vestavia Hills. Shades has volunteer teams that serve in our schools and we have teams that support our First Responders on a regular basis. The church also participates in the Dogwood Prayer Breakfast and I Love America Night.

Shades has a wide range of ministries for the entire family, including bible study and worship times specifically designed for children. We also have an excellent ministry for children and young adults with special needs, called Hand in Hand. Participants in Hand in Hand have one-to-one buddies specifically trained to provide care and companionship while they enjoy the classes and worship times. The Shades Women’s Ministry leads quarterly worship and fellowship events called Breathe that are open to all ladies in the community.

On Christmas Eve we will have Candlelight services open to the community at 1:00, 3:00 and 5:00pm. These special services offer a memorable worship experience for the entire family to celebrate the gift of our Savior’s birth.

Shades worship services are on Sundays at 9:00am and 10:30am. If you and your family do not have a church home we invite you come and experience the life-changing message of the Gospel. For more information about the ministries and events at Shades please visit shades.org.



Sponsors:



2024-2025 Vestavia Hills Shares Card

On Sale Now at vestaviiahills.org!

Shop Dine and Play Vestavia Hills!! Shop locally and support our schools while you support our community.

Member Notes

- Celebrate the grand opening of **Bricks & Minifigs Vestavia Hills** at 10 am on November 2! Stop by their new store at 1056 Montgomery Highway to welcome them!
- Kick off the holiday season at **Dear Emmaline's** Christmas Open House on November 7! Enjoy shopping, refreshments and give-aways from 10 am-7 pm. 628 Montgomery Highway
- Sip, shop and see what's new at **Rocky Ridge Drug Company's** Holiday Open House on November 7 from 5-7 pm! Appetizers, cocktails and great seasonal sales! 3346 Morgan Drive
- **GrandView Financial Group's** Annual Shred Day is happening on November 14 from 9 am-12 pm. Gone for Good will be on site to provide secure shredding services. 3168 Cahaba Heights Road
- **Vestavia Hills Methodist Church's** Magical Marketplace will take place November 14-15. Get a head start on your holiday shopping with our exclusive early shopping event on Thursday evening, November 14, from 5:00 pm to 7:00 pm. For just \$5, you'll gain access to a first look at all the unique gift items our vendors have to offer. All proceeds from this event directly benefit Unless U. Join us on Friday, November 15, from 9:00 am to 4:00 pm for a full day of holiday shopping. With over 50 vendors showcasing their one-of-a-kind crafts and gifts, you're sure to find something special for everyone on your list.
- GLASSES UP for Down Syndrome is presented by Clyde Mays Whiskey and is a charity bourbon and spirit tasting event benefitting **Down Syndrome Alabama**. The event will take place on Thursday, November 14, from 6-9, at a secret speakeasy in Vestavia Hills. Tickets can be purchased at <https://downsyndromealabama.org/glasses-up-for-down-syndrome/>
- Celebrate the Holidays with **HEAL United!** Join them for Gather & Give on November 14, from 5:30-8:00 pm at the Vestavia Hills Civic Center. This special evening is an opportunity for our community to come together in the spirit of giving, with all proceeds supporting HEAL United's mission to promote health equity and education in underserved communities. Let's gather, give, and make a lasting impact this holiday season! Featuring: Silent Auction & Gift Wrapping; Dinner provided by Kathy G. Catering; Music Presentation by Taylor Hicks; Book signing by Senator Jabo Waggoner. Purchase tickets at healunited.org/gathergive
- Deck the Heights is happening on November 16 in Cahaba Heights! Bring the whole family to Cahaba Heights for arts, shopping, face painting, a mechanical bull, train, inflatables, food, beverages, music, Santa & more!
- **Upward Behavioral Health** is pleased to announce that Dr. Susan Rathmell has been elected President-Elect of the Alabama Psychological Association. A clinical psychologist with 17 years of experience in Alabama, she specializes in treating insomnia, depression, anxiety, PTSD, and adult ADHD. Through her role in the Association, she aims to advance evidence-based therapy, improve access to mental healthcare, address healthcare provider burnout, and support psychologists as businesspeople. Upward Behavioral Health (www.upwardbehavioralhealth.com) offers in-person counseling in Vestavia Hills and Hoover and telehealth counseling statewide.
- Read the latest issue of **Birmingham Christian Family** magazine that features Chamber members Jimmie Hale Mission, Children's of Alabama and more online at <https://birminghamchristian.com/issues/>.

If you have any news or events you would like to put in the News & Views, email it to chamber@vestavi hills.org.

2024 Trustees

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 Beverly Cochran-America's First Federal Credit Union
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 Ashley Wilbanks-Avadian Credit Union
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 Charlie Norton-Harbert Realty Services
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 Mark Macoy-Mark W. Macoy, LLC
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 Jason Frey-Medical Properties Trust

Eric Smith-Medicare Advisors of Alabama
 Robin Morgan*-Morgan Properties
 Todd Jackson-Newk's Eatery
 Kerry Adkins-OnTime Service
 Maury Wald-Over the Mountain Journal
 Lisa Bearden-Overture Tributary
 Meredith Chisenhall-Payroll & Benefits Solutions
 Scott Perry*-RealtySouth
 Daniel Gordon-Regions Bank
 Senator Dan Roberts
 Lauren Trim-Sentry Heating, Air Conditioning,
 Plumbing & Generators
 Tommy DeRamus-Shades Mountain Baptist Church
 Maury Molyneaux-Shoe Station
 Scott Jenkins-Southern States Bank
 Steve Smith-SouthPoint Bank
 Kelvin Johnson-Spire
 Tyler Kime-Standard Heating, Cooling & Plumbing
 John Henley*-John Henley State Farm Insurance
 Taylor Burton-Taylor Burton Company
 Steve Vickery-Truist
 Sean Johnson-United Community Bank
 Dr. Bill Brunson-Vestavia Hills Methodist Church
 Dan Starnes-Vestavia Voice
 Senator Jabo Waggoner
 Beth Moody-The Welch Group
 Stephen Allen-Williams Blackstock Architects
 Mark Yanosky, D.M.D.-Yanosky Orthodontics

*Chamber Past Chair

2024 Chamber Champions

Platinum



Gold



Silver



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Jamie Pursell, Leaf & Petal

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Tracy Thornton, Dir. Membership/Marketing

tracyt@vestavi hills.org

Katie Woodruff, Communications Manager

Email: katiew@vestavi hills.org

Upcoming Chamber Meetings

Nov 12

Monthly Luncheon, 11:30 am, Vestavia Country Club

Nov 21

Board of Directors, 7:45 am, Chamber Office

Events

Nov 6

Lunch & Learn, 11:30 am, Chamber Office

Nov 7

Ribbon Cutting: Cahaba Dermatology Skin Health, 4 pm

Nov 8

Ribbon Cutting: Dave's Hot Chicken, 11 am

Nov 14

Business After Hours: ERA King Real Estate, 5 pm

Nov 20

Masterminds Workshop, 8 am, Chamber Office

Nov 21

Ribbon Cutting: Salt & Light Speech Language, 12 pm

Nov 23

Small Business Saturday



News and Views

Vestavia Hills Chamber of Commerce

1090 Montgomery Highway

Vestavia Hills, AL 35216